

# CULTURAL HUMILITY

Engaging in Effective Cross-Cultural Interactions

**An online continuing education event for volunteer providers**

**MAY 17, 5:30-7:30 PM PST**

## LEARNING OBJECTIVES

- Address the need for knowledge about different cultural perspectives
- Present methods for developing skills for culturally-appropriate interactions
- Assist providers to develop self-awareness of their own cultural heritage and its influence on attitudes, beliefs and assumptions
- Define culture and explore its definitions across different cultures
- Clarify the difference between “Cultural Competency” and “Cultural Humility”
- Provide examples of effective tools for intercultural communication specific to the medical setting
- Meet the CLAS (Culturally and Linguistically Appropriate Standards) requirements for continuing education in clinical practice

## ABOUT THE PRESENTER

Carlos Mejia Rodriguez was born in Honduras and practiced there as a physician for 17 years in the private and public sectors. His focus as a professional has been children and families, and disadvantaged groups. Since moving to the US in 2002, Dr. Carlos has served as an adviser to the board of Shelbyville Free Clinic (TN), pursued a PhD in community health education and promotion, and is currently focused on cultural humility research trainings.

**Learn more and register: [ahecww.org/cultural-humility-training-for-healthcare-professionals/](https://ahecww.org/cultural-humility-training-for-healthcare-professionals/)**